



## Research Terminology - Design and Methods

### **What's the difference between research and audit?**

“Research is concerned with discovering the right thing to do: audit with ensuring that it is done right”

Smith R. Audit & Research. *BMJ* 1992; 305: 905-6

**Research:** - A systematic investigation undertaken to discover facts or relationships and reach conclusions using specifically defined robust methods.

**Clinical Audit:** - A quality improvement process that seeks to improve patient care and outcomes through systematic review of care against explicit criteria and subsequent implementation of change

“Principles of Best Practice in Clinical Audit, 2002”

### **Research**

- Asks what is best practice?
- Systematic approach to producing generalisable **new** knowledge
  - Define outcome measure(s) in advance

### **Audit**

- Asks if best practice being met?  
(measured against a set standard)
- Systematic review of care
  - Define audit criteria in advance
  - Implement change where necessary
  - Aim – to improve patient care & outcomes

United Bristol Healthcare NHS Trust ‘What is Clinical Audit’ Guide

### **Service Evaluation**

- Concerned with defining routine practice
- Systematic assessment of service provision and quality
  - Define aims and objectives in advance
  - Should the service be continued or not?
  - Aim – to improve patient care & outcomes

## Research, Audit or Evaluation?

Is your study research, audit or service evaluation? If you are doing audit or service evaluation you do not need NHS ethical approval for your study. However, some hosting Trusts may wish to do some research governance checks and procedures. For further assistance on defining the differences between audit, research and service evaluations follow the link to the National Research Ethics Service (previously called COREC)  
<http://www.nres.npsa.nhs.uk/applicants/help/faqs.htm>

## Types of research study

- **Basic research** – research just because I want to know
- **Applied research** – research because I want to solve a practical problem
- **Instrumental research** – because I need to show I can do a research project
- **Action research** – I want to change this practice, let's change and research the process and effects

## What's the difference between quantitative and qualitative research approaches?

Quantitative	Qualitative
Produces numerical data	Produces textual and verbatim data
Study in controlled environment/controlled approach	Study of phenomena in natural settings
Inductive logic: theory generating	Deductive logic: theory testing
Scientific/natural sciences	Social sciences/behavioural

## Research designs and methods

**Research designs** – an overall plan for addressing the research question including specification for enhancing the quality of the study

**Methods** – the tools, steps and procedures you follow and use to collect and analyse your data

**Methodology** – not the same as methods. The philosophical evaluation of investigative techniques; a concern with the conceptual, theoretical and research aspects of knowledge

A blueprint to work with a few basic designs

**Level III: Experimental**

- a) Experimental
- b) Quasi Experimental

High levels of control and knowledge

**Level II Survey**

- a) Comparative
- b) Correlational

**Level I: Exploratory-Descriptive**

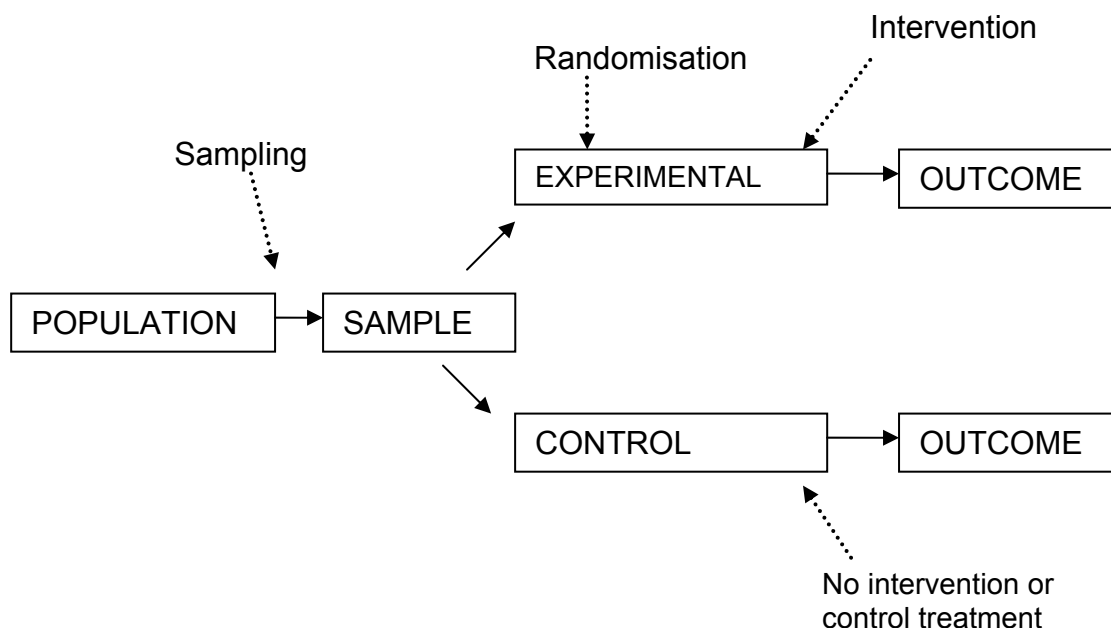
- a) Descriptive
- b) Exploratory

Low level of control and knowledge

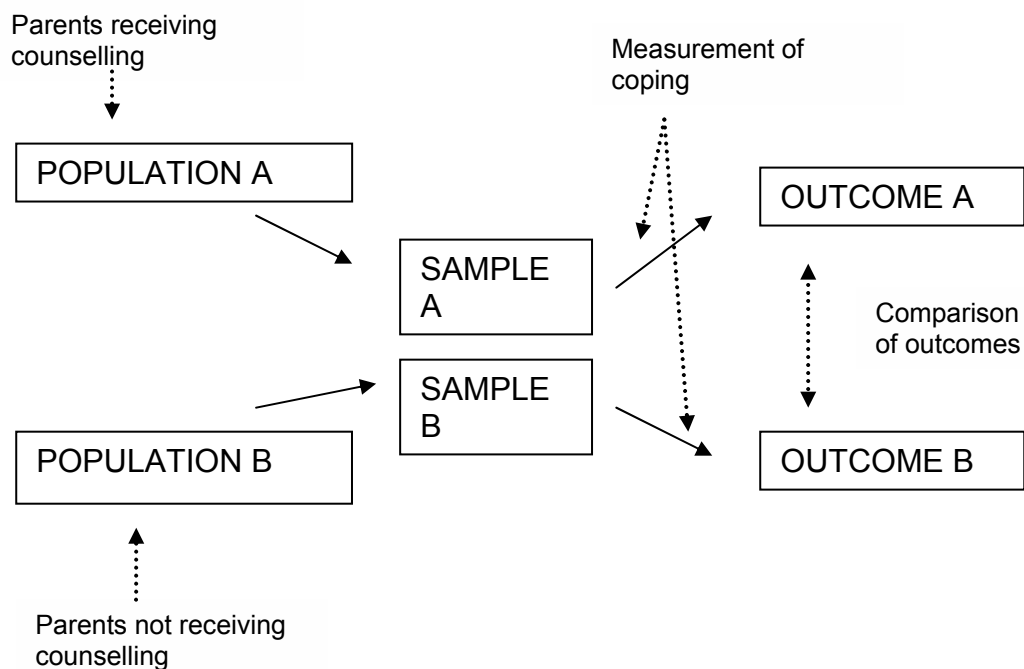


“Experiments broadly defined are tests that involve at least one treatment (independent variable), units (e.g. subjects) to be analysed by [random] assignment or non assignment to a treatment [or intervention] and a comparison or inferring effects that may be attributed to the treatment”  
Buckwalter et al 1998

**Level III: Randomised Control Trial**



## Level II: Comparative Designs



## Level I: Exploratory-Descriptive Designs

Type	Research Question	Focus
Ethnography	What are the beliefs and practices of people with Hansen's disease?	Describes experiences within the cultural context
Phenomenology	What is the lived experience of radiotherapy for skin melanomas?	Captures the essence of experiences
Grounded theory	What are the processes by which adolescent with acne achieve sexuality?	Generates concepts leading to theory development

## Research Methods and common data collection tools

**Instrument / tool** – device or techniques used to collect data (questionnaire, scale observation, table, interview)

## **Method categories**

- a) Self report
- b) Observational
- c) Biophysiologic
- d) Interviews
  - a. Unstructured
  - b. Semi structured
  - c. Structured
  - d. Focus group
  - e. Life histories/oral histories
- e) Diaries
- f) Critical incidents
- g) Observation
  - a. Participant observation
  - b. Participant as observer
  - c. Non participant observation
- h) Questionnaire
  - a. Open ended questions
  - b. Closed ended/fixed alternatives
  - c. Dichotomous questions
  - d. Multiple choice
  - e. Rank order
  - f. Forced choice
  - g. Visual analogue scales
  - h. Likert scores

**Information kindly supplied by Heidi SurrIDGE, University of Southampton, April 2007**